

**CSUB LEARN-TO-SWIM · SWIMMING LESSON APPLICATION**  
(AGES 3+)

**REGISTRATION**

**PERSONAL INFORMATION**

Parent's Name: \_\_\_\_\_

Swimmer's Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_

(circle one) Male Female Age: \_\_\_\_\_

Please note any medical conditions we should be aware of:

\_\_\_\_\_

\_\_\_\_\_

**Ability** (check one)

- Level 1:** No exposure to water; possibly timid
- Level 2:** Ready to learn, "plays "well in water, can float with assistance
- Level 3:** Can swim 5 yards freestyle and float on back
- Level 4:** Can swim freestyle and backstroke 15 yards
- Level 5:** Can swim freestyle and backstroke 25 yards and do another stroke
- Level 6:** Knows all 4 competitive strokes but needs more technique

**PARENT RELEASE**

I hereby authorize the staff of the CSUB Learn to Swim to act for me according to their best judgment in any emergency where my child may require medical attention. I hereby release CSUB and its instructors from any injuries incurred by my child while attending lessons.

I have no knowledge of any physical impairment that would interfere with my child's participation in this camp.

Parent/Guardian (PRINT NAME) \_\_\_\_\_

Parent/Guardian (SIGNATURE) \_\_\_\_\_ Date \_\_\_\_\_

**SPRING SESSION:**

- (4-week session, 2 classes/week)
  - Session 1: March 27–April 26 (M,W)
  - Session 2: March28–April 27 (T,TH)
  - Session 5: May 1 – May 24 (M,W)
  - Session 6: May 2 – May 25 (T, TH)
- (2 week sessions, 4 classes/week)
  - Session 3: March 27–April 6 (M,T,W,TH)
  - Session 4: April 17 –April 27 (M,T,W,TH)
  - Session 7: May 1 - May 11 (M,T,W,TH)
  - Session 8: May 15 - May 25 (M,T,W,TH)

**SUMMER SESSION:**

- (4-week session, 2 classes/week)
  - Session 9\*: May 31–June 21 (M, W)
  - Session 10: May 30 – June 22 (T, TH)
  - Session 13: June 26-July 19 (M,W)
  - Session 14\*: June 27–July 20(T,TH)
- (2 week sessions, 4 classes/week)
  - Session 11\*: May 30 – June 8 (M,T,W,TH)
  - Session 12: June 12 – June 22 (M,T,W,TH)
  - Session 15: June 26- July 7 (M,T,W,TH)
  - Session 16: July 10 – July 20 (M,T,W,TH)

**Choice of Time** (circle one)

**AM (Starting in Session 8)**

10:10-10:40

10:45-11:15

11:20-11:50

**PM**

3:45-4:15

4:20-4:50

4:55-5:25

5:30-6:00

6:05-6:35

**\*No Class Memorial Day or Independence Day. Makeup that Friday. No Classes during Spring Break (4/10-4/14)\***

**2017**

**LEARN TO SWIM**



**EXPERIENCED COLLEGIATE INSTRUCTORS**

**SMALL CLASSES**

**PROCEEDS SEND KIDS THROUGH COLLEGE**

**MORNING AND AFTERNOON CLASSES OFFERED**

**INTRODUCING ADULT LESSONS (PM ONLY)**

**STARTING MARCH 27TH**

**CALIFORNIA STATE UNIVERSITY BAKERSFIELD**

**Questions**

Please call 661-654-2071 or email [csublearntoswim@gmail.com](mailto:csublearntoswim@gmail.com)

## **Program Design**

The CSUB Learn-to-Swim program is directed by Gray Tedder, Head Assistant Coach of Men and Women's Swimming and Diving at CSUB. Coach Tedder has designed a program that will benefit each child's aquatic needs. His staff brings years of swimming instructional experience to the program.

## **Philosophy**

Our philosophy is to use gentle and positive teaching techniques to promote a fun learning experience for all the swimmers. The program teaches skills ranging from basic essentials to competitive skills as well as personal water safety training.

The CSUB Learn-To-Swim program uses goal-oriented, multi-level planning that emphasizes achievement of individual skills, rather than age, as the means of determining advancement through the different skill levels.

## **Instructors**

Our instructors make this program special! All of the LTS instructors are college students with many years of experience teaching swimming.

These instructors have the maturity and background to provide a patient, well-paced learning experience that leads to a positive productive environment, especially for novice level swimmers. In addition, all of our instructors compete at the highest level of competitive swimming, giving them the knowledge and experience needed to help those looking for competitive refinement.

## **Structure**

Each session consists of eight thirty-minute lessons. You may choose to go twice a week (Mon & Wed or Tues & Thurs) for 4 weeks or four times a week (Mon-Thurs) for two weeks. This will allow our students to learn at a pace that is comfortable for them.

## **Make Ups**

If a student is unable to make a class, we schedule one make up class per session. For the four-week sessions, the make-up is on the fourth Friday of that session. For the two-week sessions, the make-up class is on the second Friday of the session. There is no class on Memorial Day or July 4th. Makeups will be on the Friday of that week. There is no class during Spring Break (April 10<sup>th</sup>-14<sup>th</sup>)

## **Learning Environment**

All lessons are held in the instructional pool at CSUB. The heated pool is 3 ½ feet deep with steps which creates a comfortable learning environment.

Classes are limited to no more than five students per instructor. This smaller instructor-to-swimmer ratio allows for more individual attention.

We invite parents to observe from the bleachers. Occasionally we find the student progresses better if the parent is not visually present. In such instances, we may ask you to observe from a less visible location.

## **Registration and Cost**

To register, please fill out the reverse side of this registration form. The classes fill quickly, so please try to register at least one week prior to the start of the class.

Each eight-lesson session cost **\$130.00**. This is fully refundable up to 10 days prior to the class. We have such a high demand for our classes that the refund is reduced to \$60 when requested 3-10 day prior to the class. There is no refund with less than three days notice.

## **Questions**

**For questions, please call 661-654-2071 or email**

[csublearntoswim@gmail.com](mailto:csublearntoswim@gmail.com)